

Day _____ Date _____

Lined writing area for journaling or notes, featuring a light pink floral illustration on the left side.

MONEY SPENT TODAY

Description	Amount	Cash	Debit card	Credit card

CALORIE COUNTER

Breakfast	Lunch	Snack	Dinner	Other

NOTES & DOODLES

Lined writing area for notes and doodles, featuring a light pink floral illustration on the right side.